
EDUCATION

University of North Carolina at Chapel Hill 08/2017-present
Doctor of Philosophy in Social Work

University of Maryland, Baltimore School of Social Work 09/2012-05/2014
Master of Social Work
Concentration in Clinical Social Work
Specialization in Mental Health

University of Maryland, College Park 01/2008-05/2012
Bachelor of Arts
Major in Psychology, Women's Studies
Certificate in LGBT Studies

CLINICAL EXPERIENCE

Office of the Federal Public Defender Greenbelt, MD
Forensic Social Work Intern 09/2013-04/2014

- Completed reports utilized by the attorneys and submitted to the judges to help mitigate client sentencing
- Conducted psychosocial and mental health evaluations of each client for preliminary assessment
- Researched background information on current prisoners and detainees awaiting trial to help with mitigation of sentencing using academic sources like journal articles and books
- Traveled to prisons and homes to interview clients and their families as part of background research for reports submitted to attorney and judge
- Attended sentencing and trials for each client as part of their legal team

Washington Adventist Hospital- Inpatient Psychiatry Takoma Park, MD
Psychiatric Social Work Intern 09/2012- 04/2013

- Performed initial psychosocial intake to assess mental illness for an adult, inpatient psychiatric unit
- Constructed appropriate discharge plans for patients with severe and persistent mental illness to ensure that patient had appropriate supports to minimize readmission
- Facilitated patient satisfaction group weekly to assess how those utilizing hospital facilities perceived patient care
- Educated family members on the nature of specific psychiatric illnesses so that they could best meet the needs of their loved ones
- Contributed to interdisciplinary meetings with physicians, nurses, techs, etc. to improve patient treatment, discharge planning, and patient care

University of Maryland, College Park Help Center **College Park, MD**
Peer Counselor and External Public Relations Manager **10/2008- 05/2012**

- Provided psychosocial support to callers and walk-ins who were experiencing anything from roommate issues to suicidal ideation and sexual assault
- Assembled any public relations outreach materials to be distributed to the surrounding campus to increase awareness of organizational services as well as mental health issues that affect the college population
- Acquired and managed all external public relations activities on campus and in the community in order to publicize the organization and its services
- Delegated all external public relations activities to help center volunteers to effectively disseminate information
- Contributed to the help center's governing body as a Board Member

RESEARCH EXPERIENCE

University of North Carolina at Chapel Hill **Chapel Hill, NC**
Research Assistant **01/2019-present**

Supervisor: Tonya van Deirse, Ph.D.

- Conducts secondary data analysis on data initially collected by supervisor on correctional officer mental health practices and treatment
- Manages two projects for supervisor in conjunction with local jails (Durham County and Wake County)
- Compiles manuscripts for publication around corrections, substance use, and mental health

University of North Carolina at Chapel Hill **Chapel Hill, NC**
Research Assistant **08/2018-present**

Supervisor: Lisa Zerden, Ph.D.

- Conducts primary data collection and recruitment for a qualitative study on the workforce behind office-based opioid treatment
- Analyzes qualitative data using Grounded Theory
- Prepares manuscripts for publication

University of North Carolina at Chapel Hill **Chapel Hill, NC**
Research Assistant **08/2017-12/2018**

Supervisor: Matthew Howard, Ph.D.

- Conducted quantitative secondary data analysis about inhalant use in detained youths in Missouri
- Prepared systematic reviews on Complicated Grief and its predictors, correlates, and interventions

Friends Research Institute **Baltimore, MD**
Research Assistant **07/2014-08/2017**

- Conducted primary data collection for a NIDA funded study looking at methadone maintenance for opiate addiction initiated in Baltimore City Detention Center
- Collected data for a NIDA funded study through the Clinical Trials Network (CTN) aimed at affirming an addiction questionnaire to assess addiction at the primary care level

- Wrote research papers about opiate addiction and general substance abuse aimed for publication in peer reviewed journals
- Collaborated on other research related to substance use/abuse, addiction, and disenfranchised populations to back the implementation of evidence-based practices
- Reviewed procedural aspects and data collection for other CTN studies as a Quality Assurance Monitor

University of Maryland, Baltimore
Research Assistant
Supervisor: Paul Sacco, Ph.D.

Baltimore, MD
01/2014-05/2014

- Led a study on the association of adverse childhood events and adulthood disordered gambling utilizing secondary data under the supervision of faculty member Paul Sacco
- Successfully applied for human subjects approval from the University of Maryland, Baltimore
- Designed all aspects of the study including literature review, research questions, and data analysis plan
- Learned and used SAS and SUDAAN to conduct data analysis

Washington Adventist Hospital- Inpatient Psychiatry
Program Evaluator

Takoma Park, MD
11/2012-04/2013

- Developed a survey to examine reasons for readmission to the hospital's inpatient psychiatric unit based on an extensive literature review
- Collected data from 36 readmitted patients over a four-month period
- Analyzed data with SAS to develop a preliminary understanding of reasons for readmission to this particular psychiatric unit
- Presented these findings to social workers and the nurse manager of the unit to better assist with discharge planning and general patient care

National Institutes of Health (NLM)
Research Assistant

Bethesda, MD
08/2011- 12/2011

- Led research on how librarians give out health information, particularly to senior citizens concerning Medicare Part D
- Identified libraries to interview through preliminary research using Census data
- Conducted semi-structured qualitative interviews with librarians on how they give out information
- Transcribed all interviews with librarians using Microsoft Word

OTHER EXPERIENCE

American Society of Addiction Medicine (ASAM)
Education Intern

Bethesda, MD
05/2012- 09/2013

- Successful grant submission to Alkermes for \$150,000 for development of a new education course in August 2013
- Organized a completely new method to track attendees of ASAM's five medical conferences

- Distributed Continuing Medical Education (CME) certificates to physicians who attended various addiction medicine conferences hosted by ASAM
- Processed member and conference registration

Creative Collaborations
Undergraduate Intern

Takoma Park, MD
05/2010- 08/2010

- Developed a shared database using SharePoint on queer South Asian literature and media
- Gathered information regarding Asian American and Pacific Islander queers in academia in the United States
- Compiled reference material of support information for minority queers
- Catalogued past Asian American and Pacific Islander academic conferences for specific content on queer speakers and topics for future reference

Skills

Proficient in statistical applications [SAS, SPSS, STATA, R, MPlus]
 Proficient in Microsoft Office Suite [Word, Excel, PowerPoint]

TEACHING

UNC Chapel Hill Fall 2018
 Co-taught SOWO 530- Social Welfare Policy with Dr. Rain Masa as part of a Teaching Practicum.

PUBLICATIONS

Sharma, A., & Sacco, P. (2015). Adverse Childhood Experiences and Gambling: Results from a National Survey. *Journal of Social Work Practice in the Addictions, 15*(1), 25-43.

McNeely, J., Wu, L. T., Subramaniam, G., Sharma, G., Cathers, L. A., Svikis, D., Sleiter, L., Russell, L., Nordeck, C., **Sharma, A.**, O'Grady, K. E., Bouk, L.B., Cushing, C., King, J., Wahle., & Schwartz, R.P. (2016). A brief substance use screening and assessment for general medical settings: Validation of the Tobacco, Alcohol, Prescription medication, and other Substance use (TAPS) Tool. *Annals of Internal Medicine.*

Sharma, A., O'Grady, K. E., Kelly, S. M., Gryczynski, J., Mitchell, S. G., & Schwartz, R. P. (2016). Pharmacotherapy for opioid dependence in jails and prisons: research review update and future directions. *Substance abuse and rehabilitation, 7*, 27.

Bruno Genetti, M. A. S., Milena Sperotto, M. A. S., Alessandra Andreotti, M. A. S., Monica Zermiani, M. A. S., Paolo Vian, E. G., **Anjalee Sharma, M.S.W**, Robert P. Schwartz, M.D., & Giovanni Serpelloni, M. D. Prevalence and Correlates for Alcohol, Cigarette, and Cannabis Use among Italian High School Students: A National Survey.

Schwartz, R. P., Kelly, S. M., Mitchell, S. G., Dunlap, L., Zarkin, G. A., **Sharma, A.**, O'Grady, K.E., & Jaffe, J. H. (2016). Interim methadone and patient navigation in jail: Rationale and design of a randomized clinical trial. *Contemporary Clinical Trials*.

McNeely, J., Wu, L. T., Subramaniam, G., Sharma, G., Cathers, L. A., Svikis, D., Sleiter, L., Russell, L., Nordeck, C., **Sharma, A.**, O'Grady, K. E., Bouk, L.B., Cushing, C., King, J., Wahle., & Schwartz, R.P. (2016). Performance of the Tobacco, Alcohol, Prescription Medication, and Other Substance Use (TAPS) Tool for Substance Use Screening in Primary Care Patients. *Annals of Internal Medicine*.

Schwartz, R. P., Kelly, S. M., Mitchell, S. G., Dunlap, L., Zarkin, G. A., **Sharma, A.**, O'Grady, K.E., & Jaffe, J. H. (2016). Corrigendum to "Interim methadone and patient navigation in jail: Rationale and design of a randomized clinical trial." [Contemp. Clin. Trials 49 (2016): 21–28]. *Contemporary clinical trials*, 51, 97.

Schwartz, R. P., McNeely, J., Wu, L. T., Sharma, G., Wahle, A., Cushing, C., Nordeck, C.D., **Sharma, A.**, O'Grady, K.E., Gryczynski, J., Mitchell, S. G., Ali, R.L., Marsden, J., & Subramaniam, G.A. (2017). Identifying substance misuse in primary care: TAPS Tool compared to the WHO ASSIST. *Journal of substance abuse treatment*, 76, 69-76.

Gryczynski, J., McNeely, J., Wu, L. T., Subramaniam, G. A., Svikis, D. S., Cathers, L. A. Sharma, G., King, J., Jelstrom E., Nordeck, C.D., **Sharma, A.**, Mitchell. A.G., O'Grady, K.E., Schwartz, R.P. (2017). Validation of the TAPS-1: a four-item screening tool to identify unhealthy substance use in primary care. *Journal of general internal medicine*, 32(9), 990-996.

Sharma, A., Kelly, S. M., Mitchell, S. G., Gryczynski, J., O'Grady, K. E., & Schwartz, R. P. (2017). Update on barriers to pharmacotherapy for opioid use disorders. *Current psychiatry reports*, 19(6), 35.

Parisi, A., **Sharma, A.**, Howard, M. O., & Wilson, A. B. (2019). The relationship between substance misuse and complicated grief: A systematic review. *Journal of Substance Abuse Treatment*.

PUBLICATIONS IN PREPARATION

Sharma, A., Parisi, A., & Howard, M.O. (in preparation). Epidemiology, Interventions, and Screening Tools of Complicated Grief: A Systematic Review of Systematic Reviews and Meta-Analyses.

Guan, T., **Sharma, A.**, de Saxe Zerden, L., & Howard, M.O. (in preparation). Posttraumatic Stress Symptoms and Posttraumatic Stress Disorder in Children with Cancer: Systematic Review and Meta-Analysis.

Sharma, A., Masa, R.M. (in preparation). Structural Equation Modeling to Understand Associations between Adverse Childhood Events, Opioid Use, Criminal Justice Involvement, and Mental Health: Results from a Nationally Representative Survey.

UNDER REVIEW

Lombardi, B., Guan, T., **Sharma, A.**, de Saxe Zerden, L., & Richman, E.L. (under review). Psychosocial interventions as part of Medication-Assisted Treatment or Office-Based Opioid Treatment in primary care settings for opioid use disorders: A systematic review.

PRESENTATIONS

Sharma, A. (2014). The Association of Adverse Childhood Events and Gambling: Results from a National Survey. Poster presentation at the National Center for Responsible Gaming annual conference, Las Vegas, NV, September, 2014.

Sharma, A. & Parisi, A. (2019). Epidemiology, Interventions, and Screening Tools of Complicated Grief: A Systematic Review of Systematic Reviews and Meta-Analyses. Poster presentation at the Society for Social Work and Research annual conference, San Francisco, CA, January, 2019.

Sharma, A. (2019). Office Based Opioid Treatment-The Workforce to Treat Opioid Use Disorder. Poster Presentation at the North Carolina Opioid Misuse & Overdose Prevention Summit, Raleigh, NC, June 2019.

AWARDS AND HONORS

Semi-finalist for the Robert Wood Johnson Health Policy Research Scholars 2018 Program.

Second place winner for the American Addiction Center's 2018 Behavioral Health Academic Scholarship Program